

the new normal



A **Guide** to Family Life at Home

- Homeschooling •**
- Boredom Busters •**
- Movie Nights •**

Sponsored by



ENROLL TODAY WITH NO DEPOSIT & NO PAYMENT UNTIL JUNE!



**5% Discount for
First Responders, Nurses,
Military, & CSI Employees**



DATE
MAY 16TH

TIME
10:00AM - 2:00PM

LOCATION

College of Staten Island
Building 1R

**For Children
Ages 4-14**



OPEN HOUSE

Our 41st Year Serving Staten Island

- On Site State of the Art Indoor Pool. Free Swim Lessons! Swim Rain or Shine!
- Outside Grounds Includes Basketball Courts, Three Softball Fields, Soccer Field, & an Early Childhood Turf Field
- 61,000 sq. Foot Air Conditioned Indoor Complex
- Junior Camp 4 to 6 Year Old's
- Catered Lunch Program
- The STEM Engineering + Design Program is Back + Open This Year
- Bus Services in Our Air-Conditioned Coach Buses
- New This Year: Karate For All Ages!

CALL US AT
(800) 301-2267

Visit Our Website
StatenIslandDayCamp.com



SPRING INTO SUMMER WITH STATEN ISLAND DAY CAMP!

Learn More About What Makes Us
Different! Come to Our Open House or
Visit Us Online At

[StatenIslandDayCamp.com!](http://StatenIslandDayCamp.com)

Or Email US At **Sldaycamp@aol.com**

inside

Homeschooling | 6
Boredom Busters | 13
Movie Nights | 21

Dear Readers,

We hope you're feeling well and enjoying quality time with your family. Our first issue of ***The New Normal*** offers tips on handling homeschool, ideas for staving off boredom, and a list of age-appropriate films for movie night (or morning, or afternoon...). We hope you've sent in a photo of your kids living their best lives in quarantine for our [Cabin Fever Candid photo gallery](#). We can't wait to see those smiling faces.

Stay happy, stay healthy, and stay sane!

Giovanni Cartron

Editor

siparent.com

Sponsored by



We'd like to hear from you!

Connect with us:



**SIGN UP TO RECEIVE
HELPFUL AND VALUABLE
EMAILS AND E-MAGAZINES**



Giovanni's
—trattoria—

**Pizza Making Kits
PLUS Our Entire Menu
Available For Pickup &
Delivery 6 Days A Week!**

(718) 227-3914

www.Giovannis.nyc

Information is healthy.

Fear is not.

What do I say to my kids?

Chances are your kids have a lot of questions about the coronavirus. And if they don't, that doesn't mean they're not thinking about it. Having an honest talk with your kids can help. Use terms they understand, answer their questions directly, and let them know what they can do to help.

Get them involved. Help them wash their hands, toys, even throw their plushies in the laundry. Making sure your kids understand and follow the same hygiene guidelines that you do will help keep us all safe.

Northwell Health is built for situations just like this and we'll continue to share facts and tips in the days to come. Because knowledge is contagious too.

Get the facts at
siuh.northwell.edu



**Cohen Children's
Medical Center**
Northwell Health®

Enroll Now with No payments until June 1st!

OPEN HOUSE

Saturday,
May 23 & May 30
12:00-3:00

Meet directors,
Tour Facility, Enroll at
Discount Rates



**Private Air-conditioned
Facility**
Located At Mount Loretto
6581 Hylan Blvd

ALL SPORTS AND SWIMMING

Art, Tennis, STEM, Fishing, Golf &
Martial Arts

Daily Trips & Special Events

Movies, Skating & Bowling, Baseball
Games, Amusement Parks & Much More!

FREE
TRANSPORTATION,
LUNCH & EXTENDED HOURS

Adult supervision, F/T medical staff,
For boys & girls 4-13 years old
3 & 5 day programs

Sibling Discounts, Free Payment Plans

Kathy & Larry Marantz, Directors



Serving
Staten Island
Families
Since
1995

 **Follow Us on Facebook**
718-761-1492
www.rcdaycamp.com

For boys
and girls,
4-13
years old

A photograph of two children, Thomas Sliger (age 3) and Kayla Sliger (age 6), sitting at a table. Kayla, a girl with long brown hair wearing a pink shirt, is writing on a piece of lined paper with a blue and white striped pencil. Thomas, a boy with short brown hair wearing a white shirt, is sitting next to her, looking down at the paper. The paper has some handwritten text, including "March", "My cat", "I", "2. I bl out a", "3. I had a", "4. I had a", "5. I had a", "6. I had a", "7. I had a", "8. I had a", "9. I had a", "10. I had a". The background is slightly blurred, showing a wooden floor and some furniture.

A photograph of two children, a girl and a boy, sitting at a table. The girl, Kayla, is wearing a pink shirt and is writing on a piece of lined paper with a blue and white striped pen. The boy, Thomas, is wearing a white shirt and is looking at the paper with his arms crossed. The paper has some handwritten text, including "March", "My cat", "I", "2. I bl out a", "3. I had a", "4. I had a", "5. I had a", "6. I had a", "7. I had a", "8. I had a", "9. I had a", "10. I had a".

Thomas Sliger, age 3, “helping” his sister Kayla Sliger, age 6, with homework

W elcome to 2020: homework is the new classwork, outside is the new inside, and Mom is the new substitute teacher. It's a confusing time for everyone, and homeschooling your kids for the first time isn't making it any easier. If you need a little help getting this new homework/classwork mashup into gear, consider the following tips to ease the transition.

W elcome to 2020: homework is the new classwork, outside is the new inside, and Mom is the new substitute teacher. It's a confusing time for everyone, and homeschooling your kids for the first time isn't making it any easier. If you need a little help getting this new homework/classwork mashup into gear, consider the following tips to ease the transition.

W elcome to 2020: homework is the new classwork, outside is the new inside, and Mom is the new substitute teacher. It's a confusing time for everyone, and homeschooling your kids for the first time isn't making it any easier. If you need a little help getting this new homework/classwork mashup into gear, consider the following tips to ease the transition.

Homeschool Help

Designate a workspace. Whether it's a bedroom desk or the kitchen table, the area should be clean and quiet. Clear away anything not related to homework and have all the necessary materials nearby.

Limit distractions. Shut the TV and put away all phones, games, and electronics. Try to limit noise and, if possible, separate siblings. Headphones are a must.

Pick the right time—and stick to it. If you're child is not required to be logged in at a specific time, figure out when he is likely to be the most focused. He should be completing work at this same time every day.

Use the teacher's way. We know, we know, it's tempting. You learned it a different way when you were in school and it's sooooo much easier to explain that way. But if you deviate from the method your child learned in class you will probably confuse her further.

Homeschool Help

Plan ahead. Your child won't gain anything from burning the midnight oil when a report is due the next day. Purchase a large calendar to organize assignments, taking care to hang it in a spot that is visible to all family members. Homeschool or not, due dates are due dates.

Take breaks. Grade school children will generally stay focused for only a brief period of time, as little as just 15 minutes. Let your child work in increments, allowing for a short break to relax in between assignments. Just be sure to restrict the use of electronics during breaks.

Praise a job well done. When you notice your child working hard, let her know you are proud of her. A little verbal praise can go a long way in boosting confidence and self-esteem. If you choose to reward her extra effort with a treat, keep it simple so as not to confuse the motivation.

Be helpful—but not too helpful. Stay close by and offer help if needed, but don't

Homeschool Help

do the work for him. Answer questions with other questions, and encourage your child to come to his own conclusions.

Talk to the teacher. If you feel that your child is overloaded with work or that the assignments are simply too lengthy or difficult, don't be afraid to speak with the teacher. Perhaps you can come up with a solution together, or discover whether there is a deeper issue at hand. Teachers are more accessible now than ever.

Stay healthy. Good eating habits, an early bedtime, and regular exercise are all key components in keeping your child as productive and focused throughout the day as possible. You should continue to set an alarm to wake up at the same time every day (at least on weekdays), and kids should be spending time outside in the backyard or on nature walks with parents.

By Jeannine Cintron, a Staten Island mom of two who hopes to master the art of homework by the time the kids are done with college.

AT HOME? I've Got You Covered.

You can shop with me anytime – 24/7 –
for all the latest products and offers.

Find amazing products and exclusive
deals, get the latest looks with easy
techniques in our how-to videos.

AVON

Lizette Colon

Avon Independent Sales Rep

lcolon0630@aol.com | 917.829.1150

216 Sneden Ave | SI, NY 10312

youravon.com/lc

You can pick up your orders at
my home or choose direct delivery
Serving Staten Island – South and North Shores



**Children's
Items
Available**



SUMMER CAMP

at Wagner College



Whether we're on campus or online, we hope you'll join us this summer for
unique programs including fine arts, theatre, filmmaking, LEGO robotics,
gaming, and more designed to engage and inspire.

Visit wagner.edu/youth-programs to learn more.

WAGNER COLLEGE

DEPARTMENT FOR LIFELONG LEARNING

 @wagnerlifelong  facebook.com/wagnerlifelong  718-390-3221

Camp is right around the corner!



After months of being stuck inside, we can't wait to see our friends at camp! JCC Camp is a safe, fun place where kids make lifelong memories and friendships!

Registration is ongoing for:

- Traditional Day Camp
- Marvin's Camp for Children with Special Needs
- Core 24 Basketball Camp
- Soccer Camp
- Aquatics Camp
- Gymnastics Camp
- Performing Arts Camp *NEW*



Learn more at Camp.SIJCC.org

Your child, covered.

No matter how much
income you make.

And, with no copays or deductibles.



FIDELIS CARE®

*A family of 4 with an annual income of \$100,000 a year
can receive subsidized coverage through New York
State's Child Health Plus program.

*See monthly income guidelines below.

Fidelis Care Child Health Plus:

(New York State-sponsored health insurance)

- Medical, dental, and vision coverage for kids up to 19
- Checkups, sick visits, emergency care, and more
- Free or low-cost monthly premium, depending on income (no limit!)
- No copays for prescription drugs
- No out-of-pocket costs

Local, personalized service from your Fidelis Care team.

We can help. Talk with your Fidelis Care Representative today.



2020 Child Health Plus Income Levels

Family Contributions	Monthly Income by Family Size**								Each Additional Person, Add:
	1	2	3	4	5	6	7	8	
FREE Insurance	\$1,701	\$2,298	\$2,895	\$3,493	\$4,090	\$4,687	\$5,285	\$5,882	\$598
\$9 Per Child Per Month (Maximum of \$27 per family)	\$2,361	\$3,190	\$4,019	\$4,847	\$5,676	\$6,505	\$7,334	\$8,163	\$829
\$15 Per Child Per Month (Maximum of \$45 per family)	\$2,659	\$3,592	\$4,525	\$5,459	\$6,392	\$7,325	\$8,259	\$9,192	\$934
\$30 Per Child Per Month (Maximum of \$90 per family)	\$3,190	\$4,310	\$5,430	\$6,550	\$7,670	\$8,790	\$9,910	\$11,030	\$1,120
\$45 Per Child Per Month (Maximum of \$135 per family)	\$3,722	\$5,029	\$6,335	\$7,642	\$8,949	\$10,255	\$11,562	\$12,869	\$1,307
\$60 Per Child Per Month (Maximum of \$180 per family)	\$4,254	\$5,747	\$7,240	\$8,734	\$10,227	\$11,720	\$13,214	\$14,707	\$1,494
Full Premium Per Child Per Month	Over \$4,254	Over \$5,747	Over \$7,240	Over \$8,734	Over \$10,227	Over \$11,720	Over \$13,214	Over \$14,707	Over \$1,494

**Household size calculation includes all expected children.



To learn more about applying for health insurance, including Medicaid, Child Health Plus, Essential Plan, and Qualified Health Plans through NY State of Health, The Official Health Plan Marketplace, visit www.nystateofhealth.ny.gov or call 1-855-355-5777.



1-888-FIDELIS • fideliscare.org
(1-888-343-3547) TTY: 711

@fideliscare

Boredom Busters



Emily, age 5, making rainbows

35 unique ways to keep your little ones busy

You expect to be stricken with [cabin fever](#) during snowstorms, thunderstorms, maybe even power outages. But no one expects to be homebound for a global pandemic. Yet, here we are.

If your kids are on their tenth straight hour of screen time and you're starting to feel a little bad about it, try some of these family-friendly activities to keep the boredom blues at bay.

**Cabin Fever
CANDIDS**

**Win a
\$300
Amazon
Card**

Boredom Busters

1. Build the ultimate blanket fort.
2. [Whip up some healthy snacks together.](#)
3. Challenge yourself with a 3D puzzle race.
4. [Movie time:](#) hot chocolate + popcorn. Dim the lights!
5. Create your own scavenger hunt.
6. Get creative with colored tape: floor maze, racetracks, hopscotch, limbo, endless possibilities!
7. Play simple card games like Go Fish and Rummy or try some new ones out.
8. Go on a nature walk. Track what you find.
9. Throw an indoor “beach” party with beach towels, sand pails, bathing

suits, etc.



Joseph, age 9, with sisters Lillia, age 6, and Stella age 3 in their fort blanket



**Cabin Fever
CANDIDS
CLICK
HERE
TO ENTER OUR
PHOTO
CONTEST**

Boredom Busters

10. Silly storytelling; take turns making up funny stories.

11. Host a coloring marathon. Print out coloring sheets for free online.

12. Grab the mani/pedi kit and have a spa day.

13. Host an indoor picnic; invite the dolls and other stuffed animals.

14. Dress up time! Host a fashion show. Make it even more fun by capturing it on video.

15. Write letters to friends, family, the President, anyone!

16. Try yoga.

17. [Do some kid-friendly indoor or outdoor planting.](#)


18. Make your own book.

Take pictures around the house or in your backyard, print them

out, then write captions.



Amira Jahaj, age 8, enjoying her spa mask



James, age 4 & Olivia, age 2, having fun dressing up

**Cabin Fever
CANDIDS**

**Win a
\$300
Amazon
Card**

Boredom Busters

19. Have a little fun with all those delivery boxes.

20. [Make puppets](#) out of old socks and have a puppet show.

21. Host a [board game](#) marathon.

22. Make a big pot of soup together. Kids can help toss ingredients in the pot!

23. Host a tea or birthday party. All the stuffed animals are invited!

24. Start or join a [dance](#) party. Let the little ones pick the tunes.

25. Create an indoor obstacle course.

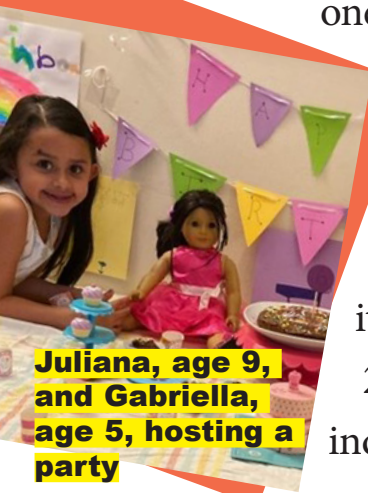
26. Put on a play. Have kids act out scenes from their favorite movies or TV shows.

27. Go camping indoors! Set up a tent in your living room.

Stovetop s'mores, anyone?



Mila Yannaco, age 6, hanging with her sock puppet Isabella



Juliana, age 9, and Gabriella, age 5, hosting a party

**Cabin Fever
CANDIDS
CLICK
HERE
TO ENTER OUR
PHOTO
CONTEST**

Boredom Busters

28. Reverse school day: have your kids be the teacher and teach the “class” what they are learning in school.

29. Make a “train” using kitchen table chairs. Kids can take turns playing conductor.

30. Same concept as #29, but make a roller coaster instead. Weeee!

31. Host a marathon video game battle.

32. Start a reading marathon.

33. Go on a virtual field trip.

34. Conduct some science experiments.

35. Check out a virtual concert.



Enjoying the great indoors are Penelope, age 6, & Athena, age 7



Delilah, age 13, calling it a “fortnite” LOL

**Cabin Fever
CANDIDS**

**Win a
\$300
Amazon
Card**

NOW SERVING BREAK FAST



AVAILABLE AT PARTICIPATING RESTAURANTS.

© 2005 Quality In Our Pledge, LLC



SIA Summer Day Camp

STATEN ISLAND ACADEMY

www.statenislandacademy.org/summer/welcome • 718-303-7845

dcrowe@statenistlandacademy.org ~or~ cbruno@statenistlandacademy.org



LOOK FOR THESE PROGRAMS THIS SUMMER:

Lego Robotics

Patrick Academic Resource Center

PARC Camp

Ed Perpetua Tennis Academy

Talented and Gifted

EARLY BIRD REGISTRATION

Deadline:

Friday, May 15, 2020



2020 DAY CAMP DATES:

June 15 to August 14

Closed Friday, July 3



DOCTORS' APPOINTMENTS FROM THE COMFORT OF YOUR HOME

Don't let the current pandemic hinder your ability to schedule a doctor's appointment or receive immediate medical care. Communicate with our providers via video chat, phone call, or Athena Patient Portal messaging.

To schedule a virtual visit today, visit
www.rumcsi.org/telehealth

APPOINTMENTS AVAILABLE FOR:

Bariatric surgery (Weight loss)
Breast surgery
Cardiology
Endocrinology
ENT (Ear, Nose, Throat)
Gastroenterology
General surgery

Hematology/Oncology
Neurosurgery
OB/GYN
Orthopedics
Pediatrics
Primary care — Adult
Urology

NEW PATIENTS WELCOME

**Richmond Health
Network**

Affiliate of **Richmond University
Medical Center**

Movie Night



Movies For Kids You Can Stream Now

There's never been a better time to cozy up with the family on the couch and settle in for a good movie. These movies come highly recommended by Common Sense Media, an organization trusted by parents and educators for objective ratings on movies, TV shows, books, and more.

Movie Night



The Peanuts Movie

age 4+ • 2015

A nostalgic take on the characters from the comic.

Shaun the Sheep Movie

age 5+ • 2015

A sweet little adventure with positive messages about teamwork and friendship.

AGES
4-6

Inside Out

age 6+ • 2015

A heartfelt story from Pixar about growing up and learning to handle your emotions.

Storks

age 6+ • 2016

A note for parents that time with their children is brief, sweet, and to be cherished.

Ferdinand

age 6+ • 2017

A bull prefers flowers and friendship to aggression and fighting.

STREAM
MOVIES
HERE

Movie Night



The Good Dinosaur

age 7+ • 2015

An animated prehistoric saga that melds Finding

Nemo and E.T.

The Book of Life

age 7+ • 2014

An original animated film that takes viewers to the underworld and back.

AGES
7-9

Hey Arnold!: The Jungle Movie

age 7+ • 2017

A continuation of the story from the '90s series.

Zootopia

age 8+ • 2016

A film set in a world of talking animals living in peace together.

The Great Gilly Hopkins

age 9+ • 2016

An unfriendly foster kid finally opens up to others.



FIND
MORE
MOVIES
HERE

the new normal

**The New Normal is sponsored by
Staten Island University Hospital.**



**If you would like to sponsor or advertise in
Staten Island Parent's
specialty e-magazines please contact us!**

718.494.1932
info@siparent.com

**Sign up to receive
helpful and valuable
emails and e-magazines**

We'd like to hear from you!
Connect with us:

